6. AFD. Silkeborgløbsruten 9,6 km

Plac.	Deltager	Sluttid	AG	AG-k-tid	Point
1	**Kirsten Nielsen**	**01:24:37**	10	**01:16:09**	**100**
2	Liselotte Skovbakke	01:26:09	10	01:17:32	98
3	Kirsten Lyngholm	01:26:57	10	01:18:15	96
4	Anna Bjerre Walsted	01:26:56	6	01:21:43	95
5	Karsten Lauritsen	01:37:11	10	01:27:28	94
6	Dannie Andersen	01:37:13	8	01:29:26	93
7	Vivi Melgaard	01:37:18	6	01:31:28	92
8	Anni Dam	01:37:23	4	01:33:29	91